

Monday Breakfast

Banana French Toast (V)	Home Fried Potatoes
Bacon	Scrambled Eggs (V)
Kale, Chickpea and Potato Hash (VG)	
Grits	Fruit

Monday Lunch

Sausage & Peppers	Scalloped Potatoes (VG)
Succotash	
Mushroom Barley Pilaf Plate (VG)	
Mushroom & Roasted Garlic Soup (VG)	Louisiana Chicken & Andouille Soup
Apple Dessert Flatbread Pizza	

Monday Dinner

Philly Steak Sub	French Fries
Braised Kale (VG)	
Tuscan Chickpea, Polenta and Rapini Bowl (V)	
Tomato Florentine Soup (VG)	Baja-Style Chicken Enchilada Soup
Hawaiian Pizza	

Friday Brunch

Scrambled Eggs (V)	Pork Sausage Links
Cinnamon Rolls (V)	Mexican Breakfast Potatoes (VG)
Cuban Creole Casserole	
Grits (VG)	Sweet Potato Casserole (VG)
Split Pea & Ham Soup	Creamy Garden Vegetable Soup (V)
Monterey Chicken Artichoke Pizza	

Friday Dinner

Swedish Meatballs Noodles	w/Egg	Roasted Asparagus Spears (VG)
"Beef" & Vegetables (VG)		
Split Pea & Ham Soup	Broccoli Cheese Soup (V)	
Hawaiian Pizza		

Tuesday Breakfast

Bacon, Egg & Cheese Sandwich	Scrambled Eggs (V)
Sausage Links	Hash Brown Patty
Harvest Grain Bowl (VG)	Garden Vegetable Quiche (V)
Cream of Wheat (VG)	Fruit

Tuesday Lunch

Loaded Nachos	Bandito Beans (VG)
Cheese Quesadilla (V)	White Rice (VG)
Couscous Primavera (VG)	
Southwestern 3-Bean Barley Soup (VG)	Chicken Tortilla Soup
Meat Lovers Pizza	

Tuesday Dinner

Beef Barbacoa Soft Taco	Cuban Red Beans & Rice (VG)
Southwestern Black Bean Burger (VG)	
Wisconsin Cheese Soup (V)	Spanish Chorizo Potato Soup
Spinach and Mushroom Pizza (V)	

Saturday Brunch

Apple Caramel Bread Pudding (V)	Scrambled Eggs (V)
Canadian Bacon	Baby Cakes (V)
Farmer's Breakfast Bowl (VG)	
Oatmeal (VG)	
Italian Wedding Soup	Lentil Vegetable Soup (VG)

Saturday Dinner

Pork Chops	Braised Red Cabbage (VG)
Mac & Cheese (V)	
Jerk Tofu Couscous Bowl (VG)	
Butternut Squash Soup (V)	Rosemary Chicken & Dumpling Soup

Wednesday Breakfast

French Toast (V)	Breakfast Potatoes (V)
Scrambled Eggs (V)	Grilled Kielbasa
Latin American Breakfast Bowl (VG)	
Oatmeal (VG)	Fruit

Wednesday Lunch

Tandori Chicken	Basmati Rice (VG)
Zucchini & Eggplant (VG)	
Palak Tofu (VG)	
Baked Potato & Chicken Chowder	Tomato Basil Soup (VG)
Sicilian Meatball Pizza	

Wednesday Dinner

Lasagna	Linguine (V)
Sweet Potato Buddha Bowl (VG)	Garlic Bread
Amish Style Chicken & Corn Soup	Portobello Mushroom & Barley Soup (VG)
Chicken Verde Flatbread	

Sunday Brunch

Blueberry Pancakes	Scrambled Eggs (V)
Breakfast Potato (V)	Basic Biscuits
Sausage Links	Roasted Zucchini (VG)
Salisbury Steak	Mashed Potatoes & Gravy
Kale Farro Breakfast Bowl (VG)	
Mexican Street Corn Soup (V)	Hearty Beef Vegetable Soup

Sunday Dinner

Beef Ravioli w/Blush Sauce	Green Beans (VG)
Spaghetti Sauce Primavera (VG)	
Chick'n (VG)	
Amish Style Chicken & Corn Soup	Cream of Mushroom Soup (V)

Thursday Breakfast

Waffle	Scrambled Eggs (V)
Bacon	Ham
Sausage Breakfast Burrito	Tater Tots
Kale Farro Breakfast Bowl (VG)	
Cream of Wheat (VG)	Fruit

Thursday Lunch

Lemongrass Chicken	Vegetable Lo Mein (V)
Sesame Shiitake Bok Choy	Seaweed Salad (V)
Korean Tofu Noodle Salad (V)	
Asian Chicken Noodle Soup	7-Bean Soup (V)
Asiago Portobello Pizza	

Thursday Dinner

Moroccan Chicken	Lemon-Herb Israeli Couscous (VG)
Falafels (V)	
Roasted Brussels Sprouts & Cauliflower (VG)	
Rosemary Chicken & Dumpling Soup	Curry Cauliflower Soup (V)
Sausage Pizza	



Jan 24 - 30
V - Vegetarian VG - Vegan

Variety of salads, sandwiches and sweets served daily
Menu subject to change