# Seawolf Catering <br> Menu 

Seawolf Dining and Catering proudly donates a portion of revenue, up to \$80,000 ammually, from every catered event to fight student humger and food insecurity on the Frichorage campus.

TOhen you choose to use this service your investment goes toward this mission.

# Ceawolf Catering 

## 2023-2024

Seawolf Catering has put together an amazing menu that offers a wide range of options to choose from. Whether you're looking for something specific or just need some inspiration, you're sure to find something that will satisfy your appetite. And if you don't see exactly what you're looking for the Seawolf Catering team is more than happy to work with you to create a customized menu that will be perfect for your event. So don't hesitate to reach out and let us help you plan a delicious and memorable meal.

## Brealyfarst

## Continental Breakfast

\$15 per person
Select four items from the following:

## COLD ITEMS

Assorted Individual Greek Yogurt (GF)
Seasonal Fresh Fruit Platter (V, GF)
Selection of Cereals (Whole Milk, $2 \%$, or Almond Milk)
Fresh Berry Smoothies (V, GF)
PASTRIES AND BREADS
Served with sweet cream butter, cream cheese and fruit preserves
Breakfast Pastries
Bagels
Muffins
Danishes

## HOT

Four Grain Cream of Wheat
Steal-Cut Oats and Cream (V, GF)

BEVERAGES
Coffee
Decaf
Hot Teas
Juices
Orange, Apple, Cranberry, Grapefruit

## Crealyast

## Alaska Morning

$\$ 15$ per person

COLD (select two items)
Small Seasonal Fruit Platter
Individual Assorted Yogurt (V, GF)
Coconut Muesli, Dried Fruits and Nuts (V, GF)
Alaska Salmon Lox and Bagels
Heirloom Tomatoes, Shaved Onions, Capers, Cucumber, and Cream Cheese
Breakfast Pastries, Bagels, Muffins \& Danishes
Sweet Cream Butter, Cream Cheese, and Fruit Preserves

## BEVERAGES

Coffee
Decaf
Hot Teas
Juices
Orange, Apple, Cranberry, Grapefruit

HOT (select one protein and one starch)

## Protein

Baby Spinach and Tomato Scramble (VG, GF)
Apple Wood Smoked Bacon

## Starch

Herb Roasted Red Potatoes and Caramelized Leeks (V, GF)
French Toast
Whipped Butter \& Hot Maple Syrup

## Sreallyast

## Sunrise Start

\$15 per person

COLD (select two items)
Small Seasonal Fruit Platter
Individual Assorted Yogurt (V, GF)
Coconut Muesli, Dried Fruits and Nuts (V, GF)
Alaska Salmon Lox and Bagels
Heirloom Tomatoes, Shaved Onions, Capers, Cucumber, and Cream Cheese

## BEVERAGES

Coffee
Decaf
Hot Teas
Juices
Orange, Apple, Cranberry, Grapefruit
Breakfast Pastries, Bagels, Muffins \& Danishes
Sweet Cream Butter, Cream Cheese, and Fruit Preserves

HOT (select two items)
Barley Cream of Wheat
Steel-Cut Oatmeal with Golden Raisins and Brown Sugar (VG, GF)
Apple Wood Smoked Bacon
Maple Pork Links
Buttermilk Pancakes with Fresh Blueberries
Flaky Biscuits and House-Made Sausage Gravy

## Crearlyast

## A La Carte <br> COLD

Small Seasonal Fruit Platter \$5 per person
Individual Assorted Yogurt (V, GF) \$3 per person
Hard Boiled Eggs (2) \$3 per person
Coconut Muesli (V, GF) \$3 per person
Dried Fruits and Nuts
Alaska Salmon Lox and Bagels \$5 per person
Heirloom Tomatoes, Shaved Onions, Capers,
Cucumber, and Cream Cheese
Breakfast Pastries, Bagels, Muffins \& Danishes \$5 per person Sweet Cream Butter, Cream Cheese, and Fruit Preserves

Selection of Cereals $\$ 4$ per person Whole Milk, 2\%, or Almond Milk

## HOT

Apple Wood Smoked Bacon (2) \$4 per person Maple Pork Links (2) \$5 per person
Scrambled Eggs (2) \$4 per person
Buttermilk Pancakes $\$ 6$ per person
Barley Cream of Wheat $\$ 4$ per person
Steel-Cut Oatmeal (VG, GF) \$4 per person Golden Raisins and Brown Sugar

Herb Roasted Potatoes (V, GF) \$5 per person Caramelized Leeks

Crispy Hash Browns \$4 per person

## SPECIAL BREAKFAST SELECTION

Baby Spinach and Tomato Scramble $\$ 8$ per person
Breakfast Scramble \$9 per person
Apple Wood Bacon, Green Onion, Tomato and Cheddar Cheese
French Toast $\$ 8$ per person
Whipped Butter and Hot Maple Syrup

## Lunch Suffet

IT’S A BBQ
$\$ 40$ per person

Options (select two)
Baby Back BBQ Pork Ribs
Grilled Chicken
Smoked Beef Brisket
Pulled Pork
Chipotle Honey Glazed Alaska Salmon

Includes
Green Chili Corn Bread (V)
Honey Butter
Baked Beans
Potato Salad
Peach Cobbler with Cream (V)

## SEAWOLF PICNIC

$\$ 28$ per person

Hot Dogs and Buns
Hamburgers and Buns
Veggie Burger and Buns (VG)
Fixings: Shredded Lettuce, Sliced Tomatoes, Shaved Red Onions, Ketchup, Mustard, Mayo, Relish

Assorted Cookies and Brownies
Canned Soft Drinks, Bottled Water and Iced Tea

## LITTLE ITALY

\$34 per person | Max 50 guests

Options (select two)
Meat and Cheese Lasagna
Veggie Lasagna (V)
Shrimp Penne Pasta
Spinach, Roasted Red Peppers and Lemon Butter Sauce
Eggplant Parmesan (V)
Grilled Chicken and Basil Pesto

## Includes

Antipasto Platter
Caesar Salad
Crispy Garlic Bread
NY Cheesecake with Raspberry Sauce
Chocolate Torte (GF)

## Lunch Duffet

## VEGAN BUFFET OPTIONS

Quinoa Pilaf Stuffed Portobello Mushroom (VG, GF) \$15 per person
Roasted Wild Mushroom Fennel Quinoa (VG, GF) $\$ 18$ per person
Carrot Jus and Grilled Broccolini (VG, GF) \$15 per person
Yellow Curry Cauliflower Steak and Spinach Couscous (VG, GF) \$15 per person
Asian Style Tofu with Green Onions and Broccolini (VG, GF) \$20 per person
Grilled Impossible Burger with Vegan Mayo and Cheese on a Gluten-Free Bun (VG, GF) \$19 per person
Assorted Grilled Veggies with Hummus and Pita Bread (VG, GF) \$17 per person

## A TOUCH OF ITALY <br> $\$ 15$ per person | Max 50 guests

Select between traditional meat lasagna, veggie lasagna (V), or cheese lasagna, Caesar or house salad. All selections come with rolls and butter.

## LUNCH PLATTERS

Hummus Platter $\$ 7$ per person
Seasonal Fruit Platter Small \$55/ Medium \$90/ Large \$175
Crudités Platter Small \$50/ Medium \$85/ Large \$165
Artisan Cheese Platter Small \$55/ Medium \$95/ Large \$200
Grand Charcuterie Platter Small \$90/ Medium \$130/ Large \$220
Antipasto Platter Small \$45/ Medium \$80/ Large \$100
Bruschetta Board Small \$45/ Medium \$80/ Large \$100

## Lunch

## SANDWICHES AND WRAPS

## \$15 per person

All sandwiches and wraps come with mayo, Dijon mustard, dill pickles, leaf lettuce, sliced tomatoes, shaved red onions, bag of chips and cookies or brownies.

| Breads | Sandwich Meats |  |
| :--- | :--- | :--- |
| Rye | Turkey |  |
| Sourdough | Ham | Cheeses |
| Wheat | Roast Beef | Swiss |
| Ciabatta Roll | Corned Beef | Cheddar |
| Gluten-Free Bun | Pastrami | American |
| Wraps | Wrap Meats | Provolone <br> Spinach Tortilla |
| Turkey |  |  |
| Whear Tortilla | Ham |  |
| Flortilla | Roast Beef | Corned Beef |

## DELI SANDWICH PLATTERS

\$110 Small Deli Platter (serves 10-15 people)
\$220 Large Deli Platter (serves 20-30 people)
Choice of turkey, ham, roast beef, corned beef, pastrami and assorted sliced cheeses.
Platters come with mayo, Dijon mustard, dill pickles, leaf lettuce, sliced tomatoes, shaved red onions, bag of chips and cookies or brownies.

## Snades and CBreakouts

## Power Breaks

Coffee Refresh $\$ 4.75$ per person
Water/Juices $\$ 4$ per person

## MORNING (select two or three items)

Acai Bowl Bar (V, GF) \$5 per person Acai Purée, Berries, Banana, Toasted Coconut, Chia Seeds
Yogurt Bar (VG, GF) \$5 per person
Fresh Berries, Granola, Raisins, Honey
Assorted Bagels \$5 per person Cream Cheese and Fruit Preserves

Assorted Cliff Bars \$3 per person
Whole Fresh Fruit (VG, GF) \$2 per person

## AFTERNOON

Seasonal Fruit Platter $\$ 5$ per person
Domestic Cheese Platter \$5 per person
Assorted Candy Bars $\$ 4$ per person
Whole Fresh Fruit (V, GF) \$2 per person

## EVENING

Assorted Popcorn Flavors \$4 per person
Chocolate and Blonde Brownies $\$ 5$ per person
Assorted Candy Bars $\$ 4$ per person
Hot Pretzel Station $\$ 6$ per person

SWEETS (select from two or three items)
Cupcakes $\$ 5$ per person
Macarons \$5 per person
Donut Holes \$5 per person
Chocolate Truffles $\$ 5$ per person
Sundae and Float Station \$10 per person
Vanilla Bean Ice Cream, Whipped Cream, Chocolate Sauce, Caramel Sauce, Crushed Oreos, Chopped Reece's Peanut Butter Cups, Sprinkles

## Beverages

Hydrate
(per person)
Bottled Water ..... \$4
Bottled Fruit Juice ..... \$4
Soft Drinks ..... \$4
Regular/Decaf Coffee ..... \$4.75
(per gallon)
Regular/Decaf Coffee ..... \$24.75
Hot Chocolate ..... $\$ 20$
Hot Apple Cider ..... \$20
Fresh Brewed Iced Tea ..... \$14.75
Lemonade ..... \$14.75
Ice Water Service ..... \$9.25
orange slices

## Rentals

| Table Linens | \$18 each |
| :--- | :--- |
| Linens with Skirting | $\$ 25$ each |
| Linen Napkins | $\$ 2$ each |
| China Table Setting | $\$ 10.50$ each |
| Attendant / Waitstaff | $\$ 55$ per hour |
| Bartender | $\$ 125$ per hour |

## Ioppetizers

## GARDEN (per dozen)

Stuffed Mushrooms (GF) \$29
Feta, Spinach
Caprese Skewers \$40
Balsamic Vinegar, Spinach, Basil
Bruschetta with Toasted Crostini \$43
Roasted Tomato Basil Crostini (VG) \$43
Antipasto Skewer \$43
Roasted Tomatoes, Artichoke, Mozzarella, Greek Olives, Basil Pesto Edamame Pot Stickers with Soy Glaze (VG, GF) \$25

## LAND (per dozen)

Mini Beef Wellington with Horseradish Cream Sauce \$45
Chili-Lime Chicken Kabob (GF) \$39
Pork Pot Stickers with Ginger Soy Glaze \$24
Meatballs \$34
Swedish or BBQ
Beef Filet Crostini \$60
Cipollini Onions and Maytag Blue Cheese

## SEA (per person)

Ahi Poke Bowl (GF) \$7
Endive Leaves Mango, Avocado, Harissa Mayo
Jumbo lump Crab Cakes \& Meyer Lemon Aioli (GF) \$15
Crab \& Spinach Stuffed Mushrooms (GF) \$15
Alaska Salmon Tartare (GF) \$9
Sesame Lime Dressing and Avocado Crema
Bacon wrapped Shrimp with Honey Sriracha \$13

## Dinnar Suyfers

Entrées include a choice of side salad, starch, vegetable and beverage.

## LAND (per person)

## Filet Mignon with Cabernet Sauce \$54

Braised Short Ribs Red Wine Demi Glaze Sauce \$39
Beef Brisket with Mushroom Demi Glaze Sauce \$36
Slow Roasted Choice Prime Rib \$44
Roasted Chicken Supreme Breast with Mango and Red Pepper Salsa \$29
Herb Roasted Half-Chicken with Jus \$27
Chicken Parmesan \$29
Greek Chicken \$29
Bone-In Pork Chop with Madeira Sauce \$29
SEA (per person)
Pan Roasted Alaska King Salmon, Citrus Supremes and Jicama Slaw \$43
Grilled Alaska King Salmon with Dill Lemon Butter Sauce \$43
Pan Seared Scallop White Bean Purée, Grapefruit, Chives \$43
Alaska Halibut with Fennel Cream Sauce \$43
PASTA (per person)
Sautéed Shrimp Fettuccine \$35Pancetta, Roasted Red Peppers, Peas, Cremini Mushrooms, andRoasted Garlic Cream Sauce
Pappardelle Bolognese ..... \$32
Rigatoni or Penne Primavera ..... \$25
VEGAN (per person)
Marinated Grilled Eggplant with Tomato Sofrito (VG) \$23
Roasted Local Vegetables (VG) \$22
Cauliflower, Fennel, Assortment of Baby Vegetables and Parsley Pesto
Sage, Lemon Kale, Butternut Squash, Tofu, Quinoa (VG) ..... \$24
Quinoa Pilaf Stuffed Mushroom (VG) ..... \$20
Side Salad Garden, Classic Spinach, Caesar Salad, Black Kale Caesar ..... Starch
Vegetable

Creamy Parmesan Polenta, Roasted Herb Fingerlings, Garlic Mashed Potatoes, White Cheddar Whipped Potatoes, Maple and Pancetta Sweet Potatoes

Sautéed Green Beans, Fried Brussels Sprouts, Roasted Asparagus, Steamed Broccolini, Roasted, Steamed or Glazed Baby Carrots, Roasted Baby Beets

## Suild Your Oun Dinnar Suyfet

## PROTEINS

Roasted Beef Tenderloin ( 6 oz ) \$39 per person Roasted Prime Rib ( 7 Oz ) $\$ 34$ per person
Braised Beef Short Ribs (6 oz) \$36 per person Sage Rubbed Roasted Pork Rib Roast \$13 per chop Roasted Turkey Breast (6 oz) \$29 per person Herb Roasted Half Chicken $\$ 27$ per person Pan Seared Fresh Salmon ( 7 oz ) \$36 per person Grilled Alaska Halibut ( 6 oz ) \$43 per person

## STARCH

Roasted Red Potatoes $\$ 7$ per person
Whipped Garlic and Caramelized Onions Mashed Potatoes $\$ 8$ per person
Whipped Yam or Sweet Potatoes \$7 per person
Roasted Garlic and Herb Fingerling Potatoes \$7 per person
Fried Smashed Red Potatoes \$5 per person
Wild Rice $\$ 5$ per person
Jasmine White Rice $\$ 5$ per person
Rice Pilaf $\$ 5$ per person

## VEGETABLES

Green Bean $\$ 7$ per person
Brussels Sprouts \$7 per person
Broccolini $\$ 7$ per person
Roasted Root Vegetables $\$ 8$ per person Carrot, Beet, Rutabaga, Turnips

Roasted Cauliflower and Baby Carrots $\$ 6$ per person Asparagus $\$ 8$ per person

## DESSERTS

Chocolate Layer Cake $\$ 12$ per slice Chocolate Torte (GF) \$12 per slice Caramel Vanilla Cake $\$ 12$ per slice
Blueberry White Chocolate Cheesecake $\$ 14$ per slice Pumpkin Pie \$10 per slice
Apple Pie \$10 per slice
Pumpkin Cheesecake $\$ 16$ per slice
Cherry Pie \$10 per slice

## Foliday Packages

## Fall Feast

\$38 per person

## SALADS (Choice of One)

Holiday House Salad
Mixed Greens, Shaved Red Onions, Heirloom Cherry Tomatoes, English Cucumber, Goat Cheese, Walnuts, Dried Blueberries, Sherry Vinaigrette
Baby Black Kale Caesar Salad
Baby Black Kale, Micro Shaved Parmesan, House Crushed Croutons, Caesar
Dressing
Roasted Beet Salad
Roasted Baby Red and Gold Beets, Shaved Fennel, Goat Cheese, Orange Supremes, Crushed Pistachios, Citrus Vinaigrette

## MAINS

Oven Herb Roasted Turkey Breast with Turkey Gravy
Glazed Spiral Ham
Whipped Potatoes with Boursin Cheese
Roasted Medallion of Maple and Vanilla Yams
Fresh Blue Lake Green Beans with Bacon, Oyster Mushroom and Hard Boiled Egg

DESSERTS (Choice of Two)
Add ice cream and whipped cream for $\$ 3$ per person.
Pumpkin Pie
Raspberry White Chocolate Cheesecake
Pumpkin Cheesecake
Chocolate Torte (GF)
Apple Pie

## Foliday Packages

## Winter Celebration

\$43 per person

## SALADS (Choice of One)

## Holiday House Salad

Mixed Greens, Shaved Red Onions, Heirloom Cherry Tomatoes, English
Cucumber, Goat Cheese, Walnuts, Dried Blueberries, Sherry Vinaigrette
Baby Black Kale Caesar Salad
Baby Black Kale, Micro Shaved Parmesan, House Crushed Croutons,
Caesar Dressing
Roasted Beet Salad
Roasted Baby Red and Gold Beets, Shaved Fennel, Goat Cheese, Orange Supremes, Crushed Pistachios, Citrus Vinaigrette

## MAINS

Roasted Herb Prime Rib with Jus
Maple Glazed Roasted Turkey Breast
Fennel and Caramelized Onion Dauphinoise Potatoes
Honey and Maple Whipped Yams
Roasted Brussels Sprouts with Whole Grain Mustard Cream Sauce

DESSERTS (Choice of Two)
Add ice cream and whipped cream for $\$ 3$ per person.
Pumpkin Pie
Raspberry White Chocolate Cheesecake
Pumpkin Cheesecake
Chocolate Torte (GF)
Apple Pie

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